

Creating a Beloved Community

4-12 HOURS



This workshop facilitates community agreements, effective communication and skill building for healthy, respectful and equitable engagement in the service of amplifying diversity, equity and inclusion. Participants are invited to:

- ✓ Identify healthy ideals for how members want to feel within the organization and be treated by one another
- ✓ Identify harmful dynamics within organizations that can create polarization or a toxic environment, break down trust, hinder productivity and undermine DEI efforts
- ✓ Learn new communication skills to promote authentic sharing, deep listening, empathy, learning, appropriate boundary setting and healthy shifts in behavior
- ✓ Practice skills for challenging conversations, dialogue across difference and resolving conflict using scenarios
- ✓ Identify areas for on-going professional development to increase awareness of bias, improve communication and support diversity, equity and inclusion