

# Ethical Upstander<sup>®</sup> Training

4 HOURS



This is our core module that provides participants with the basic tools to become an active bystander. At the completion of this training, participants will be able to:

- ✓ Recognize biased or potentially harmful behavior
- ✓ Identify commonly targeted social identity groups
- ✓ Understand and counter the “bystander effect” psychology at the root of inaction
- ✓ Use a variety of strategies to effectively interrupt potentially harmful situations
- ✓ Support those who have been targeted
- ✓ Respectfully “call in” those in our community who are doing the harm

*Our Ethical Upstander<sup>®</sup> Trainings pair with any of our diversity trainings to create a dynamic, change-oriented learning experience. This program is also a prerequisite (either on its own or included in another program) for our Ethical Upstander<sup>®</sup> Train the Trainer (EUT3) program.*